The RETSD mental health steering committee has compiled the following list of phone numbers and website links to assist you in your search for mental health services in Winnipeg.

CHILDREN AND YOUTH MENTAL HEALTH SERVICES (UNDER 18)

EMERGENCY

PHONE:
- **Kid’s Help Phone**: 1-800-668-6868
- **Klinic Crisis Line**: 204-786-8686
- **Youth Crisis Stabilization System**: 204-949-4777
- **Youth Resource Centre/Shelter**: 204-477-1804
- **Youth Addictions Centralized Intake**: 1-877-710-3999
- **Winnipeg Police**: 911

WALK-IN:
- **Children’s Hospital Emergency Department**: 204 787-2071

MOBILE:
- **Youth Mobile Crisis Team**: 204-949-4777

NON-EMERGENCY:
- **MATC Centralized Intake**: 204-958-9660
QUICK GUIDE TO MENTAL HEALTH SERVICES

ADULT MENTAL HEALTH SERVICES (OVER 18)

EMERGENCY

PHONE:

- **Klinic Crisis Line**: 204-786-8631
- **Manitoba Suicide Line**: 1-877-435-7170
- **Crisis Stabilization Unit**: 204-940-3633

WALK-IN:

- **Crisis Response Centre**: 204-940-1781
  – 817 Bannatyne

MOBILE:

- **Adult Mobile Crisis Service**: 204-940-1781

NON-EMERGENCY

- **Adult Community MH Intake**: 204-788-8330