

Robert Andrews School – Nutrition Policy

Robert Andrews School acknowledges its responsibility to teach the principles of healthy eating through the Health Program, as well as model those principles in the foods that are offered to students and staff through the various in-school and out-of-school activities and initiatives throughout the year.

Our canteen is a service to students and staff, to supplement lunches brought from home (3 days a week), or as a replacement when lunches are forgotten. It is not a cafeteria, and foods do not require heating. The canteen will make foods available from the “Foods to Serve Most Often” or “Foods to Serve Sometimes” lists, from the [Guidelines for Foods Available in K-12 Schools in Manitoba*](#), in the Manitoba School Nutrition handbook.

Vending machines will have 70% of the products chosen from the “Serve Most Often” list from the Guidelines for Foods Available in K-12 Schools in Manitoba.

Fundraising initiatives involving food items will make every effort to comply with the *Guidelines*.

Special events, classroom celebrations, rewards programs, etc. will incorporate the *Guidelines*.

- See also, the [Quick Guide \(poster\)](#)