

Kindergarten Planning

Activity	March 23	March 24	March 25	March 26	March 27
<b>Literacy</b>	Read/Listen to a book.	Read/Listen to a book.	Read/Listen to a book	Read/Listen to a book.	Read/Listen to a book.
<b>Numeracy</b>	Play a card, dice, and board game.	Play a card, dice, and board game.	Play a card, dice, and board game.	Play a card, dice, and board game.	Play a card, dice, and board game.
<b>Physical</b>	Pyramid Workout 20 Jumping jacks 15 Frog jumps 10 push ups 5 sit ups 10 push ups 15 Frog jumps 20 Jacking jacks	Balance Bingo Card (see chart)	Playing Card Fitness (see chart)	Create your own obstacle course (see chart)	How many rounds can you do? Can you encourage other family members to join in? 20 lunges 10 sit ups 20 mountain climbers 10 jump squats 20 jumping jacks 1-minute plank
<b>Musical/ART</b>	Create a playground or fairground using different types of paper.	Move to the beat of your favourite song! Try clapping, patting, marching, and skipping. Now come up with your own dance moves!	Create a paper tear art collage.	Check out the Chrome Music Lab and experiment with some of the applications. Which one is your favourite? <a href="https://musiclab.chromeexperiments.com/">https://musiclab.chromeexperiments.com/</a>	Listen to <i>La Primavera</i> from Antonio Vivaldi's <i>Le quattro stagioni</i> . What instruments do you hear? What does <i>La Primavera</i> mean? Does the music sound like springtime? Why? Do some spring-themed artwork while you listen! <a href="https://youtu.be/FDH2u8dHCuY">https://youtu.be/FDH2u8dHCuY</a>

Activity	April 6	April 7	April 8	April 9	April 10
<b>Literacy</b>	Read/Listen to a book.	Read/Listen to a book.	Read/Listen to a book.	Read/Listen to a book.	Read/Listen to a book.
<b>Numeracy</b>	Play a card, dice, and board game.	Play a card, dice, and board game.	Play a card, dice, and board game.	Play a card, dice, and board game.	Play a card, dice, and board game.
<b>Physical</b>	Go for a walk or play outside and hour!	Do a dance video or go noodle for 30 minutes from youtube.	Set up and play Skee Ball. Involve your family too! (see chart)	Alphabet workout. (see chart) suggestions: Spell your full name, your family members names, your pet names etc.	Play Fitness Eye Spy - Pick an object in the room, students get to guess if they get it wrong everyone does 1 of an exercise, next time they get it wrong you add on, example 2 of an exercise etc.
<b>Musical/ART</b>	Make a shaker instrument from supplies you have at home! Cardboard tube, 2 Squares of wax paper, 2 Elastics, A teaspoon of dry rice, dry beans, or other dried good. Use your instrument to play along with a song!	Draw a picture using what you have at home.	Listen to Peter and the Wolf played by the Vancouver Symphony Orchestra Which was your favourite character? Which instrument(s) where they represented by? <a href="https://youtu.be/MfM7Y9Pcdzw">https://youtu.be/MfM7Y9Pcdzw</a>	Create artwork using recycling art.	Do you know how to do the twist? <a href="https://youtu.be/pHGxwQeUk7M">https://youtu.be/pHGxwQeUk7M</a>  How about the lobster twist? <a href="https://youtu.be/4mCffqrb6Bg">https://youtu.be/4mCffqrb6Bg</a>

### Suggestions Websites

**Tumble Books** - username: **retsd** password: **books**: <https://www.tumblebooks.com/>

**Pebble Go** – username: **engaged** password: **learning**: <https://www.pebblego.com/>

**Starfall**: <https://www.starfall.com/h/>

**Abcya:** <https://www.abcya.com/>

**Funbrain:** <https://www.funbrain.com/>

**A-Z Reading (This site has reading in English and French at different levels):** <https://www.readinga-z.com/>  
[www.samamuse.ca](http://www.samamuse.ca) (French site)

**Pokoyo videos found on** <https://www.youtube.com/>

**National Geographic for Kids:** <https://kids.nationalgeographic.com/>

**Lunch Doodles with Mo Willems:** <https://www.kennedy-center.org/education/mo-willems/>

**Art Hub:** <https://www.artforkidshub.com/>

**Dance Mat Typing:** <https://www.dancemattypingguide.com/>

<https://www.typing.com/>

[www.mycapstonelibrary.com](http://www.mycapstonelibrary.com) (username: continue, password: reading)

**\*French websites:** [www.duolingo.com](http://www.duolingo.com) (Also available as an App)

[www.scholastic.com/learnathome](http://www.scholastic.com/learnathome)