

Grade 1

Activity	April 6	April 7	April 8	April 9
<p><b>Literacy</b></p>	<p>On tumble books read the story A Ticket Around the World by Natalia Diaz and Melissa Owen (story is approximately 32 minutes long).  <a href="https://www.tumblebooklibrary.com/">https://www.tumblebooklibrary.com/</a>            After reading the book have your child select two countries from the book and complete the activity sheet Similarities/Differences (has a page number 3 at the bottom of the page).</p>	<p>Watch the video link on geography with your child from the link provided.  <a href="https://scratchgarden.com/videos/geography/">https://scratchgarden.com/videos/geography/</a></p> <p>Have your child watch an episode of your choice on the you tube Travel Kids channel please see link.  <a href="https://www.youtube.com/channel/UCqg5gDXXxK0M8gr8WadV4yw">https://www.youtube.com/channel/UCqg5gDXXxK0M8gr8WadV4yw</a></p> <p>Once you have finished watching the episode please complete the Country Flags and Continents Sheet provided.</p>	<p>Watch the video link on directions.  <a href="https://scratchgarden.com/videos/directions/">https://scratchgarden.com/videos/directions/</a></p> <p>Watch a different travel kids video today.  <a href="https://www.youtube.com/channel/UCqg5gDXXxK0M8gr8WadV4yw">https://www.youtube.com/channel/UCqg5gDXXxK0M8gr8WadV4yw</a></p> <p>Once you have watched the video think about a country you would like to visit. Then complete the art of packing activity. Draw pictures of all the things you would need to bring with you on your trip to the country you selected.</p> <p>Then select a culture from any of the books, Travel Kids episode and compare it to your own culture. Use the sheet Comparing Cultures to My Own.</p>	<p>On tumble books read the story            Crazy for Canada (put the title in the search by title search bar).</p> <p>Watch the globe episode on Sci Kids show.  <a href="https://www.youtube.com/watch?v=x7k7CeWdtWs">https://www.youtube.com/watch?v=x7k7CeWdtWs</a></p> <p>Create a travel brochure for any place in the world you would like to visit one day. It can be from the book you read, A Ticket Around the World, Travel Kids show episodes, Crazy for Canada or any other resource. Make sure to draw pictures in the empty squares and list all of the fun things you would like to do one day.</p>
<p><b>Numeracy</b></p>	<p><b>Hi-Low Card Game</b> (a deck of cards is needed)            Turn over 2 cards from the top of the face down deck and then add the numbers together. The player</p>	<p>Do the <b>Go Noodle</b> “Skip Counting” activity (counting by 2’s, 5’s, 10’s etc. Up to 100).  <a href="http://www.gonoodle.com">www.gonoodle.com</a></p>	<p><b>Geometric Shape Hunt:</b>            Look for circles, triangles and squares around the house and record how many of each is found using a tally.</p>	<p>Do the <b>Go Noodle</b> “Hullabaloo” greater than/less than” math dance/activity.  <a href="http://www.gonoodle.com">www.gonoodle.com</a></p>

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	<p>with the higher answer wins.                  **3 cards can be drawn and added to make the game more challenging.</p>		<p>**Children can first estimate how many of each shape they think they will find and then compare their actual counts with their estimations – were they higher/lower? How much higher/lower?</p>	
<p><b>Physical</b></p>	<p><b><u>Core Day</u></b>                  *Hold a plank position while counting to 100 by 5'S.                  *Lie on your back, curl up and lift your knees to your elbows while keeping your eyes closed. Do this 25 times.</p> <p><b><u>Mindful Minute</u></b>                  For 60 seconds, clear your mind and only focus on your breathing. If your mind starts to wander, bring your attention back to your breathing.</p>	<p><b><u>Arm Day</u></b>                  *As fast as you can, complete: 10 arm circles front and back, 10 forward punches, 10 “Raise the Roofs”. Repeat 3 times.                  *Sit on a hard chair and place hands on either side. Then push up until your bottom raises off the chair. Hold for 10 seconds. Repeat 3 times.</p> <p><b><u>Dance Time</u></b>                  Put on your favourite song or turn on the radio. Dance however you like during the entire song.</p>	<p><b><u>Leg Day</u></b>                  *Hold onto a chair and stand on your tippie toes for 1 minute. Can you do 2 minutes?                  *With your back flat against the wall, do the wall sit for 30 seconds. Challenge yourself... how long can you wall sit?</p> <p><b><u>Army Crawl</u></b>                  Lay on your stomach resting on your forearms. Crawl across the room dragging your body as if you're moving under barbed wire.</p>	<p><b><u>Endurance</u></b>                  *Ski Jumps (1 minute)                  Stand with your feet together. Bend your knees and jump side-to-side while keeping your feet together. Keep your elbows tucked and bent to look like a skier.                  *Shuffle Jumps (1 minute)                  Feet together. Jump up and scissor your legs forward and backward. Land with one foot in front of the other. Repeat and land with the other foot in front.</p> <p><b><u>Pretend</u></b>                  Pretend to:</p>

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				<p>-sit in a chair for 10 seconds</p> <p>-shoot a basketball 10 times</p> <p>-be a frog</p> <p>-lift a car</p>
<b>Musical</b>	<p>Complete stages 1 and 2 of the rhythm clap along. Find something at home to turn into a drum – can you play along with it?</p> <p><a href="https://www.youtube.com/watch?v=4vZ5mlfZlgk">https://www.youtube.com/watch?v=4vZ5mlfZlgk</a></p> <p><a href="https://www.youtube.com/watch?v=cHadI5AJT0">https://www.youtube.com/watch?v=cHadI5AJT0</a></p>	<p>Teach someone at home how to play ‘Lemonade, Crunchy Ice!’</p> <p>Lemonade, crunchy ice, sip it once, sip it twice. Lemonade, crunchy ice, make it once, make it twice. Turn around, touch the ground, jump up now and make a frown!</p>	<p>Go to Chrome Music Labs and explore all the different activities you can do! Share with my which one was your favourite? Can you make a song with a repeating pattern using Song Maker?</p> <p><a href="https://musiclab.chromeexperiments.com/">https://musiclab.chromeexperiments.com/</a></p>	<p>Sing a familiar song (like The Green Grass Grows All Around or My Bonnie Lies Over the Ocean) make up new actions to it and teach someone how to do the new actions!</p>

**Suggestions Websites**

**Tumble Books** - username: **retsd** password: **books**

**Pebble Go** – username: **engaged** password: **learning**

**Music Play Online:** username: **snow** password: **2020**

**World Book Online** – username: **rivereast** password: **transcona**

**Ebsco Host** – username: **retsd** password: **rEt589#**

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Winnipeg Free Press – username: [rivereastcollegiatenie@retsd.mb.ca](mailto:rivereastcollegiatenie@retsd.mb.ca) password: **freepress**

Math – [www.abcya.com](http://www.abcya.com)