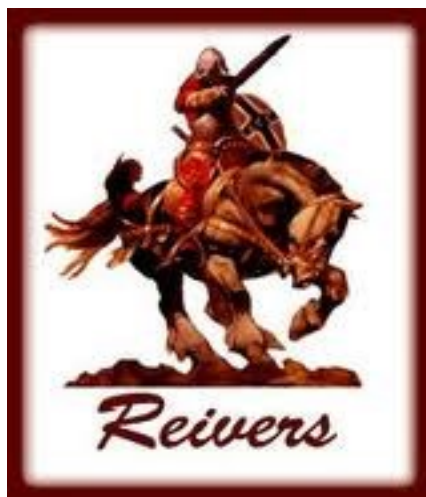


Kildonan-East Collegiate



Cafeteria Hours

Monday-Friday

8:00 a.m.-11:00 a.m.

11:30 a.m.-12:45 p.m.

1:45 p.m.-3:30 p.m.

EVERDAY MENU ITEMS

CAESAR SALAD.....	\$3.25
GREEK SALAD.....	\$3.25
SMALL SALAD.....	\$1.75
TACO SALAD.....	\$3.50
PASTA SALAD.....	\$2.75
CHEF'S SALAD.....	\$3.75
VEGGIE PLATE.....	\$2.00
FRUIT PLATE.....	\$3.00
REGULAR SANDWICH.....	\$2.50
DELUXE SUB SANDWICH.....	\$3.75
WRAP,PITA,CROISSANT.....	\$2.50
1/2 WRAP, PITA, CROISSANT.....	\$1.50
COOKIES.....3/\$1.50 OR .60 EACH	
BROWNIE SLICE/PUFF WHEAT.....	\$1.25
RICE KRISPIE.....	.75 EACH
CINNAMON BUN.....	\$1.75
FRIES.....	\$3.25
FRIES W/GRAVY.....	\$3.50
POUTINE.....	\$3.75
SOUP.....	\$1.25
PIZZA PRETZEL.....	\$2.25
CALZONES.....	\$2.25
BACON CHEESEBURGER.....	\$3.50
CHICKEN BURGER (FRIDAY ONLY)..	\$ 3.75
PIZZA PER SLICE.....	\$2.50
MEAL (SUBJECT TO CHANGE).....	\$5.50

Daily Menu February 13-17

MONDAY

Soup: Chicken Noodle

Meal: 1/2 Rack BBQ Ribs with Rice Pilaf and Vegetable Stuffed Tomatoes

Fast Food: Chicken Bacon Caesar Wraps

TUESDAY



Soup: Ham and Parsnip

Vegetarian Meal: Eggplant Parmesan with Creamy Pesto Carbonara

Fast Food: Pesto, Turkey, Bacon & Provolone Panini

WEDNESDAY

Soup: Cream of Asparagus

Meal: Fish & Chips with KEC Coleslaw

Pizza: Cheese, Ham & Pineapple

THURSDAY

Soup: Seafood Jambalaya

Meal: Shaker Stuffed Flank Steak with Duchess Potatoes and Baked Asparagus

Fast Food: Chicken Pot Pie

FRIDAY

Soup: Swiss Onion Soup

Meal: Sable Fish Topped with Smoked Goldeye and stir-fry rice

Fast Food: Chicken Burger

