

# UPDATED COVID-19 SCHOOL PROTOCOLS—PARENT GUIDE

October 8, 2021

WHAT TO DO...	
<p><b>If your child is sick</b></p>	<ul style="list-style-type: none"> <li>• Students are to stay at home from school if they are sick, no matter how mild the symptoms</li> <li>• Screen for COVID-19 symptoms: <a href="https://sharedhealthmb.ca/covid19/screening-tool/">https://sharedhealthmb.ca/covid19/screening-tool/</a></li> <li>• If your child has one symptom from column A or two from column B, get tested for COVID-19 and isolate while awaiting test results</li> <li>• If your child is still sick after 24 hours and chooses not to be tested for COVID-19, they are required to isolate for 10 days and be symptom-free for 24 hours before returning to school</li> </ul>
<p><b>If your child is awaiting a COVID-19 test result</b></p>	<ul style="list-style-type: none"> <li>• Isolate at home and do not attend school until you receive the test result</li> <li>• If the test is negative for COVID-19, the student may return to school once they are symptom-free for 24 hours</li> <li>• If the test is positive for COVID-19, Public Health will advise household members of isolation requirements; notify the school principal of the student's positive COVID-19 test result</li> </ul>
<p><b>If one child is sick (with any symptoms), but other family members (siblings) are not sick</b></p>	<ul style="list-style-type: none"> <li>• Asymptomatic siblings do not need to go home/self-isolate at home if a family member is symptomatic. They can continue to attend school as long as they are asymptomatic.</li> </ul>
<p><b>If your child is determined to be a close contact of a positive COVID-19 case</b></p>	<ul style="list-style-type: none"> <li>• Self-isolate (quarantine) for 10 days and go for testing at day 7 after their last exposure to the case, or if symptoms develop</li> <li>• Regardless of whether your child tests negative, they must complete their 10 days of self-isolation (quarantine)</li> <li>• If your child is symptom-free after 10 days, they can attend school but must continue to self-monitor for 4 days</li> </ul> <p><b>Note:</b> Public Health staff will generally exempt close contacts from self-isolation requirements if they are asymptomatic and fully vaccinated</p> <ul style="list-style-type: none"> <li>• Asymptomatic siblings (or children of staff) generally do not need to go home/self-isolate at home as long as the student remains asymptomatic. They can continue to attend school as long as they are asymptomatic.</li> </ul>
<p><b>If your child is a close contact and develops symptoms of COVID-19</b></p>	<ul style="list-style-type: none"> <li>• Go for a COVID-19 test</li> <li>• Unvaccinated household members must isolate (quarantine) pending the test result</li> <li>• Vaccinated household members can attend school if they are asymptomatic</li> <li>• Contact Public Health immediately for further direction</li> </ul>