



Joseph Teres Elementary School
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Principal: Arlis Folkerts

Vice-Principal : Ms. Pam MacDonell

OUT-OF-SCHOOL ACTIVITY PARENT CONSENT FORM

Date and time of activity:	<p>The club activities will include the following:</p> <p>Friday, September 6 - Group Safety Ride / Trans. Trail 3:35 – 4:30 Meet at back of school with bike and helmet.</p> <p>Thursday, September 12 - Bioreserve Tour 3:35 – 4:45 Meet at back of school</p> <p>Tuesday, September 17 - Mountain Bike Skill Games 3:35 – 4:45 Meet behind school</p> <p>Thursday, September 19 - Mountain Bike Race at Morley Care Park 3:35 – 4:45 Meet at back of school with bike and helmet.</p> <p>Monday, September 23 - Group Ride on Transcona Trail 3:35 – 5:00 Meet at back of school with bike and helmet.</p> <p>Friday, September 27 - Mtn Bike Club Finale to/at Birds Hill Park 12:50 - 8:00</p>
Description of activity:	<p>Joseph Teres School Mountain Bike Club (Grade 4 & 5)- This Fall will again highlight some excellent extra-curricular activities at Joseph Teres School, including the Mountain Bike Club. This is an excellent opportunity for participants to learn more about bike equipment and maintenance; participate in activities involving the lifestyle activity of cycling; and enhance their school experience.</p>
Organizing Teachers & Supervision Information:	Mr. Markham, Miss Schade, Mrs. McNeil and others
Volunteers required:	<p>For the safety and organization of our activities we require parents who are willing to assist at any and all meetings. Please join us if you can. Bring your bike and helmet (volunteers for Bike Skill Games do not require a bike or helmet).</p>
Supplies required:	<p>A well maintained bicycle and cycling helmet are required. A water bottle attached to the bike is an asset. Participants will not be allowed to carry any items in their hands. Be sure tires are</p>

	inflated appropriately before attending. Bicycles must be able to go off-road (no road bikes, trikes or training wheels). Participants should be able to ride up to an hour without stopping.
Cancellation information:	The Mountain Bike Club will meet on the dates listed, however, students should check the weekly gym schedule and listen for announcements so they know of any last minute changes due to weather etc.
Additional Information:	<p>The club's finale is our annual Birds Hill Park Cycle Tour and BBQ. This is a fun outing for the whole family. Some of the club members will get the opportunity to ride their bikes all the way to Birds Hill for this event. A permission slip and more information will be forthcoming. Club members must attend a minimum of three outings before being allowed to the Birds Hill Tour.</p> <p>Club members will receive 1 intramural point for each session they attend and 3 points for the Birds Hill tour.</p>

Activity Title: Mountain Bike Club

Date of activity: September 6, 12, 17, 19, 23 & 27.

I / We, the undersigned, hereby acknowledge that certain risks of injury are inherent in the participation in sports, recreational activities and other off-school site programs. These types of injuries may be minor or serious.

I / We understand that the Rules and Regulations pertaining to this activity are designed for the safety and protection of participants.

I / We understand that the choice to participate brings with the individual the ASSUMPTION OF RISK which is part of those activities.

I / We understand and agree that this is a part of the school program. I/We also understand that as a result of participating in this program that the participant is expected to follow the school procedures and code of conduct and that any deviations from these may result in consequences from the school administration.

I / We declare having read and understood the above INFORMED CONSENT AGREEMENT in its entirety and hereby consent to participate being aware of all the foregoing.

PLEASE RETURN THIS FORM AND PRIOR TO ATTENDING YOUR FIRST MEETING

Name of Student (please print): _____
Has permission to attend the above out-of-school activity.

Room# _____

Parent/Guardian Signature

Date

A note to parents and guardians:

The Joseph Teres Mountain Bike Club was formed to promote fun and fitness. Although a major accident or injury has never occurred during club activities, we recognize the potential for one occurring. Therefore, all of our activities are designed with safety in mind. Club participants are expected to be on their best behavior and practice good sound judgment during activities so as not to cause harm to themselves or others, otherwise they will not be able to join the club on subsequent activities. We also reserve the right to disallow members who are not prepared in advance from participating in that day's event (e.g. no helmet; no air in tires, etc.).

