



Bernie Wolfe School

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March 8, 2021

Dear Parent(s)/Guardian(s):

Your child has been invited to participate in smudging at school throughout the rest of the 2020-2021 school year.

As an inclusive and culturally responsive school, we are welcoming all students to learn about First Nation, Métis, and Inuit traditions.

Smudging is an Indigenous tradition that involves the burning of sweetgrass, sage or cedar at the start of a sharing circle or at the start of the day. At our school, sage will be used, and participation is always voluntary. Smudging allows people to become mindful and centered, better able to hear, see, think, speak, and act in a good way. It will be done outdoors to ensure proper social distancing and will only be done with other members of the same cohort. More information about smudging is available by contacting the school.

Participation is always voluntary but in order to participate in smudging, this consent form must be completed and returned to the classroom teacher.

****Please sign and return the bottom portion of this form.**

I grant _____ permission to:
(Student's Name)

- participate in smudging at the school throughout the rest of the school year.
- only observe smudging at school throughout the rest of the school year.

Comment(s): _____

Classroom Teacher and Grade: _____

Parent(s)/Guardian(s) name: _____

Signature: _____