

My Tween and Me

Tuesdays, April 9th to May 14th 5:00pm to 6:30pm

Hampstead School
920 Hampstead Ave.

A light supper will be provided

My Tween and Me is a facilitated group program that provides parents and their tweens with the knowledge, tools and support they need during the child's transition to adolescence. Offered to **parents/caregivers and their children aged 7 through 12**, the program strengthens parent-child communication and supports parents in building a positive relationship with their tween.

Registration is required for the program and only the **first 12 registrations received will be accepted**. There will be a waiting list in the event a spot opens.

If interested, please register by filling out the form and scan/email to kpatteson@restd.mb.ca or kwalker2@retsd.mb.ca - **No Later than April 5th**

Families that have been accepted will be notified by April 8th

If you have any questions, please contact Katie Patteson at 204-654-1818 or at kpatteson@retsd.mb.ca or Karina Walker at 204-669-9412 ext. # 2960 or at kwalker2@retsd.mb.ca

My Tween and Me

Parent/Guardian Name: _____

Child/ren's Name: _____

Child/ren's Age: _____

Child/ren's School: _____

Phone #: _____

Email: _____

Any allergy concerns: _____

