



KINDERLINKS

Special Events @ Home

Additional Programming for Preschoolers & Their Parents | March 2021

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families



As a complement to our **FREE** *Kinder Links @ Home* parent-child programming, we are pleased to introduce *Kinder Links Special Events @ Home*. *Kinder Links Special Events @ Home* offers exciting VIRTUAL celebrations featuring seasonal songs and fingerplays, stories, educational games, and lively conversation. Enjoy these festive sessions together as a family.

For the best virtual experience, we encourage parents and children to participate in program activities together. Get comfortable, cuddle up, and enjoy interesting literacy and numeracy activities with your Kinder Links facilitators.

Little Leprechauns

Enjoy stories about leprechauns and shamrocks while learning a few songs and fingerplays! Participants will have fun counting shamrocks, dancing an Irish jig, and playing lively games and activities. Registered families will be given the opportunity to pick up a special snack, craft, and activity package to enjoy after the event. Details on the drive-thru pickup dates will be provided upon registration. Remember to dress in green for this free special event!

Wednesday, March 17
8:30–9 a.m.

Wednesday, March 17
12:30–1 p.m.

Wednesday, March 17
6:15–6:45 p.m.

Puppy Love Storytime with the Winnipeg Humane Society

Learn how to understand what dogs are saying with their body language and how to act appropriately around a new dog. Participants will also learn important lessons in how to care for and stay safe around dogs. Together we will enjoy a few great stories about puppies and maybe even a special guest!

Tuesday, March 2
10–11 a.m.

Story Patrol with the Winnipeg Police Service

Constables from the Winnipeg Police Service will lead our VIRTUAL class in conversation, interesting activities, and a story time. Participants will learn a “safety tip of the day” and a few new Kinder Links rhymes. Feel free to ask lots of questions, dress up as a police officer, or make a homemade badge for this class. The constables will read different books each class, so participants are welcome to sign up for both sessions.

Friday, March 5
10–10:30 a.m.

Friday, March 12
10–10:30 a.m.

**Please note: Story Patrol with the Winnipeg Police Service will feature different content than January’s presentation on personal safety.*

Manitoba First Nation Early Learning Circle for Young Children and Their Families

Join our circle filled with music, movement, stories, and activities for children and families, led by early learning facilitators from the Manitoba First Nations Education Resource Centre.

Monday, March 8
9:30–10:15 a.m.

Your River East Transcona School Division Trustees

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For more information about the board of trustees, visit: www.retsd.mb.ca/BoardofTrustees

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Twinkle Twinkle Dancing Toes

Tap your toes and move those feet as trained dance instructor Miss Laura teaches us some groovy moves! Enjoy lively music and rhythms as you express yourself creatively. As we dance and move together, we'll explore shapes, colours, numbers, and animals. Wear comfy clothes for this free special event!

Wednesday, March 3
10–10:30 a.m.
6–6:30 p.m.

Winter Birds with Bird's Hill Park

Discover why some birds stay in Manitoba for the winter while others head south. Join Lindsey Mitton, senior park interpreter at Bird's Hill Provincial Park, for stories and songs about our feathered friends and how they survive the winter. Learn how you can make a bird feeder craft to feed and watch the birds at home.

Tuesday, March 9
6:15–6:45 p.m.

Wednesday, March 10
10–10:30 a.m.
12:30–1 p.m.

PARENTING SUPPORT

Car Seat/Seatbelt Safety Workshop with MPI

In this VIRTUAL presentation, the four different stages of car seats are reviewed along with instruction about where to safely place them in the vehicle, how to secure a child to the car seat, and how to identify if a child has outgrown his or her car seat.

Monday, March 1
10–10:45 a.m.

Tuesday, March 2
6:30–7:15 p.m.

Raising Healthy Eaters Workshop

This informative workshop, developed by WRHA public health registered dietitians, will provide parents/caregivers with effective strategies to encourage their children to become competent eaters and develop good feelings about food and eating. Participants will learn about Ellyn Satter's "Division of Responsibility in Feeding" between the parent and the child. Transform family meals into a more joyful experience, free from drama and conflict.

Tuesday, April 6
6–8 p.m.

Self-Care for Parents

Jennifer Sheridan Westdal from Women's Health Clinic will discuss the importance of self-care and share helpful tips for building time into our daily routine to take care of ourselves while parenting young children.

Wednesday, March 3
1–2 p.m.

Registration begins immediately by email at kinderlinks@retsd.mb.ca or leave a message at 204.669.4043. When registering, please provide the following information:

- Parent/caregiver name
- Names and ages of all children to attend the program
- Home address
- Home/cellphone number
- Email address where you wish to be contacted/sent link to VIRTUAL programming
- VIRTUAL program(s) you wish to register for (name of program, date, and time)



Kinder Links families lovingly made over 325 homemade valentines for the elders living at River East Personal Care Home. What an amazing, beautiful collection of artwork, glittery valentines, fancy paper flowers, and heartwarming messages of love. This is something to be truly proud of!

Thanks to everyone who participated in our "Share the Love" valentine challenge! What a special way to brighten the day of seniors living in our community.

FREE BABY GIFT FOR NEW PARENTS

Did you just have a baby? River East Transcona School Division and the Early Childhood Matters Parent Child Coalitions in River East and Transcona would like to help you celebrate this wonderful event. We have a book, *I Love It When You*, which we'd love to give to you to keep and enjoy. To receive your **FREE** book, contact us at kmartino@retsd.mb.ca or 204.669.4043. Please leave us your mailing address, child's name, and date of birth.

THE EARLY LEARNING TEAM

We are pleased to provide early learning and family support to families living in River East Transcona. Feel free to contact us should you have questions regarding our preschool initiatives.

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