



# Working Through Big Problems with Youth

Join us for our two part training. Part one will use a strength based approach to teach the foundations of why kids fight us and how to work with our kids. Part two will focus on applying these concepts to reduce future problems.

**Online | Subsidized rates available**

**Part 1: June. 10, 2020 1-3 p.m.**

**Part 2: June 17, 2020 1-3 p.m.**

Visit our website to register

<https://inspirecommunityoutreach.ca/event/working-through-big-problems-with-youth/>



## Who Are We?

Inspire Community Outreach is a community agency that supports families with counseling services, education and trainings. We are passionate about helping families be stronger and happier!

## Who Do We Support?

We support youth and families that include children up to age 29 who are living with sensitivities, variable development, or who have neurological differences

## How Can We Help?

We offer programming, therapy, and education to help navigate issues such as:

- Depression and anxiety
- In-home crisis stabilization and support
- Advocacy
- Family conflict management
- Stress
- Trauma

## Do I Need a Referral?

No! You can self-refer for our services.

## Is There a Cost?

Many of our services are FREE and for services that have a cost, we operate on a sliding scale



Please contact us at  
[info@communityoutreach.ca](mailto:info@communityoutreach.ca)

or register online at  
<https://inspirecommunityoutreach.ca/register-for-support/>