

QUICK GUIDE TO MENTAL HEALTH SERVICES

The RETSD mental health steering committee has compiled the following list of phone numbers and website links to assist you in your search for mental health services in Winnipeg.

CHILDREN AND YOUTH MENTAL HEALTH SERVICES (UNDER 18)

EMERGENCY

PHONE:

Kid's Help Phone	1-800-668-6868
Klinik Crisis Line	204-786-8686
Youth Crisis Stabilization System	204-949-4777
Youth Resource Centre/Shelter	204-477-1804
Youth Addictions Centralized Intake	1-877-710-3999
Winnipeg Police	911

WALK-IN:

Children's Hospital Emergency Department	204 787-2071
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MOBILE:

Youth Mobile Crisis Team	204-949-4777
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NON-EMERGENCY:

MATC Centralized Intake	204-958-9660
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ADULT MENTAL HEALTH SERVICES (OVER 18)

EMERGENCY

PHONE:

[Klinik Crisis Line](#) 204-786-8631

[Manitoba Suicide Line](#) 1-877-435-7170

[Crisis Stabilization Unit](#) 204-940-3633

WALK-IN:

[Crisis Response Centre](#) 204-940-1781

– 817 Bannatyne

MOBILE:

[Adult Mobile Crisis Service](#) 204-940-1781

NON-EMERGENCY

[Adult Community MH Intake](#) 204-788-8330